

▶ CHAMBER BOARD MEETING, GEE CEE'S RESTAURANT AT 7AM, LAST TUESDAY OF THE MONTH

▶ FORUM LUNCH @ GUADALAJARA MEXICAN RESTAURANT AT NOON, EVERY 2ND TUESDAY OF THE MONTH

▶ THE CHAMBER OFFICE IS LOCATED @ 408 SILVER ST., TOLEDO, WA

South Lewis County Chamber of Commerce

Serving The Cowlitz River Valley



Chamber *focus*

*Monthly Newsletter
August 2009*

Guest Speaker

Dale Merten

Toledo Telephone Company

Speaking on

New technology & how it effects rural communities



Introducing.....

The Chamber would like to introduce our newest Board member, **Chastity Clark**. Chastity is a local business owner of **CC's Photography** in downtown Winlock.

Remember, we always welcome volunteers and there are 2 spots on the Board we would like to fill. Please volunteer your time today.

From the President

Dear Chamber Members:

It appears as if we must return our wedding invitations. Gian Paolo Mammone and the Board of Directors actually made it to the alter. Unfortunately, because we simply could not come to an agreement on the contract we had to part company. Gian Paolo's influence was positive and profound. We have several things under consideration, not the least of which is to continue to look for someone who can act as our Executive Director. It does bring to mind a rule that I, personally live by when I start something new: ***"Everything worth doing does not necessarily mean to do it well."*** That's right, read it again. It does say what you think it says. What it means is that if we waited for perfection or immediate success we would never try anything. We regret that this has happened, still, wistful as we might be, we believe we are doing the right thing and will continue to pursue this concept.

You will see changes.

Summer Safety Tips

Food Safety While Hiking, Camping & Boating:

Outdoor activities are popular with Americans nationwide. The fresh air and exercise revives the spirit and the mind. Hiking, camping, and boating are good activities for active people and families, and in some parts of the country you can enjoy the outdoors for 2 or 3 seasons. In many cases, these activities last all day and involve preparing at least one meal. If the food is not handled correctly, food borne illness can be an unwelcome souvenir.

- "Keep Hot Foods Hot & Cold Foods Cold"
- "Keep Everything Clean"
- Safe Drinking Water

It is not a good idea to depend on fresh water from a lake or stream for drinking, no matter how clean it appears. Some pathogens thrive in remote mountain lakes or streams and there is no way to know what might have fallen into the water upstream. Bring bottled or tap water for drinking. Always start out with a full water bottle, and replenish your supply from tested public systems when possible. On long trips you can find water in streams, lakes, and springs, but be sure to purify any water from the wild, no matter how clean it appears.

The surest way to make water safe is to boil it. Boiling will kill microorganisms. First, bring water to a rolling boil, and then continue boiling for 1 minute. Before heating, muddy water should be allowed to stand for a while to allow the silt to settle to the bottom. Dip the clear water off the top and boil. At higher elevations, where the boiling point of water is lower, boil for several minutes.

General Rules for Outdoor Food Safety:

Plan ahead: decide what you are going to eat and how you are going to cook it; then plan what equipment you will need.

- a.. Pack safely: use a cooler if car-camping or boating, or pack foods in the frozen state with a cold source if hiking or backpacking.
- b.. Keep raw foods separate from other foods.
- c.. Never bring meat or poultry products without a cold source to keep them safe.
- d.. Bring disposable wipes or biodegradable soap for hand- and dishwashing.
- e.. Plan on carrying bottled water for drinking. Otherwise, boil water or use water purification tablets.
- f.. Do not leave trash in the wild or throw it off your boat.
- g.. If using a cooler, leftover food is safe only if the cooler still has ice in it. Otherwise, discard leftover food.
- h. Whether in the wild or on the high seas, protect yourself and your family by washing your hands before and after handling food.

Renewals

Lewis County Historical Museum, 599 NW Front Way, Chehalis, WA 98532, 360-748-0831
Independence Printing, 712 W Main Street, Centralia, WA, 360-736-1776

August 2009 Events Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7 <i>Mt St Helen's Blue Grass Festival</i>	8 <i>Mt St Helen's Blue Grass Festival</i>
9 <i>Mt St Helen's Blue Grass Festival</i>	10	11 <i>Forum Lunch</i>	12	13	14	15
16	17	18 <i>American Red Cross Real Heroes Breakfast</i>	19	20	21	22
23	24	25	26	27	28 <i>Cowlitz Prairie Threshing Bee</i>	29 <i>Cowlitz Prairie Threshing Bee</i>
30 <i>Cowlitz Prairie Threshing Bee</i>	31					

Suggestions from the Membership

We would like to hear from you with any suggestions, ideas, or input of what you would like for us to put in the monthly newsletter. Your input counts. We appreciate any feedback that we receive. Please help us to become the best Chamber that we can be.

Don't forget to Renew your Membership Dues!

Call the Chamber office to find out when you need to renew.

Business Referrals

The Chamber receives requests for names of businesses and establishments. As a member of the Chamber of Commerce you will be included in the Membership Referral System. Only Member business are referred when the Chamber receives an inquiry. Place your business ad in the Chamber's Membership Directory, the most complete business reference in South Lewis County.

Board Members

Mary Garrison, President
Old Hatchery Antiques

Rachel Phillipps, Vice President
Rachel Phillipps Insurance

Mike Alvarez, Secretary/Treasurer
United Country Real Estate

Debbie Blum

Special Moments Floral & Gifts

Dan Godat

United Country Real Estate

Jackie Steveson, Board Member
Rachel Phillipps Insurance

Chastity Clark, Board Member
CC's Photography



Please take a moment to visit our new website:

www.thelewiscounty-chamber.com

Save the date!

**We are planning the Annual Chamber Banquet/Fundraiser for
February 27, 2010. More details to follow.**

The Marine Safety Working Group says:

- "Keep in touch"
- Plan your trip carefully and never go out alone
- Let someone ashore know where you are going and when you will be back.
- Carry a means of communication and for raising the alarm should you get in difficulty



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